

One Nation One Health System

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[GS Paper 2 - Govt. Policies and Interventions, Health]

Context - The Centre is formulating an integrative health policy - One Nation One Health System - by 2030 that would integrate the modern and traditional system of medicines such as allopathy, homeopathy and ayurveda in medical practice, education and research.

One Nation One Health System is the need of the society today, said Dr Ashok Varshney, national organizational Secretary of Arogya Bharti.

Key Developments

- He further said that during the Corona period, every person in society felt that it is not necessary to have accurate medicine for every disease. Small undertakings are also very effective in maintaining good health.
- If every person becomes aware of his own health, then he can remain healthy even without medicine, he added.
- All types of doctors and people interested in health can also do this work. From the point of view of treatment, not only allopathic medicine, along with allopathy, Ayurveda and Homeopathy or separate Ayurveda and Homeopathy also appeared to be effective in this odd period.

- He stated that it is not necessary to have the right medicine for every disease. If every person becomes aware of his own health, then he can remain healthy even without medicine.
- On the basis of findings, if health is seen in the entirety of disease diagnosis and prevention, then quality healthcare can be delivered to remote rural areas, as well as the doctor population ratio can also be corrected, so we can get one nation one health system. felt the need.
- With this system, health facilities in remote rural areas will be better and expenditure will also be reduced through local drug use and health awareness.
- Arogya Bharti has been doing this type of work in the whole country for the last 20 years. There will be statements of subject experts related to this topic in Arogya Manthan, he added.
- In this Arogya Manthan program on the theme “One Nation One Health is the need of the present time” is being organized at Kushabhau Thackeray International Samagam Kendra (Minto Hall) in Bhopal.